

Author	De Leon, Rose Zuzette M.
Title	Social Support, Personal Motivation and Regimen Adherence Among Rehabilitated Drug Dependents in Metro Manila, Philippines
Year	2018
Program	Master of Arts in Nursing

### **ABSTRACT**

There is a growing need to understand the interrelationships of social, support, personal motivation and regimen adherence among rehabilitated drug dependents in the Philippines setting. This study described the relationships of social support, personal motivation and regimen adherence among rehabilitation drug dependent in a treatment facility within Metro Manila, Philippines. A total of eighty respondents consented to participate in the study which required them to complete three self-report questionnaires that were translated to Filipino (MOS – SAS, MOS – SSS, HSDI). All three questionnaires took the respondents about 15 – 20 minutes to complete. No significant relationships between regimen adherence and social support and regimen adherence support and educational attainment. There was also a significant relationship between personal motivation and the following socio – demographic variable: a. Age, b. Sex. Moreover, significant relationship was found between regimen adherence and age but not with the other socio – demographic variables like sex, civil status, educational attainment, employment and religion. Quantitative analysis of the regimen adherence, social support and personal motivation were performed using Excel and SPSS. Pearson correlation to determine relationships was implemented. It recommended further exploration on factors affecting regimen adherence among rehabilitated drug dependents on various stages of recovery from addiction.

Keywords: regimen adherence, social support, personal motivation, rehabilitated drug dependents in the Philippines, recovery from addiction, Specific Adherence Scale, Social Support Survey, Health Self Determinism Index.